



Transitional Housing For Homeless

Transitions-Mental Health Association

Inspiring hope, growth, recovery and wellness in our communities.



WELLNESS • RECOVERY • RESILIENCE

The Transitional Housing for Homeless program serves disabled single adult residents of San Luis Obispo County who are presently or potentially homeless. The goal for all program residents is successful independent living within 12 to 24 months. At completion of the program, graduating clients will be assisted with obtaining independent housing.

The program staff helps to facilitate the move into independent living by assisting residents with the housing search as well as the actual move. Residents receive continued support and contact from staff for up to six months after moving out.

How Does the Rent Work?

Clients in the program reside in one of seven homes located in the cities of San Luis Obispo and Atascadero. Clients pay a combined rent and service fee of 30% of their income to the local Housing Authority. Residents are responsible to prepare their own meals, do their own laundry, and maintain the house in a clean and safe condition.

What Services Are Provided?

Program staff is available to assist residents in developing an individualized service plan with the goal of independent living. Assistance is provided to improve the client's daily living skills including money management, cooking, shopping, cleaning, and house management.

The program also refers clients to other local service agencies for mental health services, physical health treatment, food and clothing assistance, transportation assistance, drug and alcohol recovery, etc.

In addition, the program encourages residents to develop support networks and enhance social skills by offering a variety of community activities to participate in.

Who Is Eligible for the Program?

Disabled single adult residents of San Luis Obispo County who are currently or potentially homeless are eligible. Individuals are referred by the following agencies:

- San Luis Obispo County Behavioral Health Services
- Community Action Partnership of San Luis Obispo
- Community Health Centers
- ECHO Emergency Shelter
- Assorted community non-profit organizations serving the homeless population of SLO